

The 2007 Healthy Kids Wellness Policy Survey

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EXECUTIVE SUMMARY

INTRODUCTION

The Healthy Kids Wellness Policy Survey was designed to better understand the challenges elementary and middle schools confront in implementing wellness policy. The survey instrument was developed by the National Food Service Management Institute – Applied Research Division, located at the University of Southern Mississippi. The survey was administered by the Public Policy Research Lab at Louisiana State University. Louisiana has 934 elementary and middle school principals. Each of these principals was sent a letter signed by Governor Kathleen Blanco, Paul Pastorek, State Superintendent of Department of Education, and Roxanne Townsend, Secretary of the Department of Health and Hospitals, encouraging their participation in the survey and providing the necessary information to take the online survey. Follow up emails were sent three days after the initial letter was mailed, two additional reminder emails were sent prior to the winter holiday break, and a final email was sent at the beginning of the new year (January 2008). The results presented in this report are based on 412 completed interviews, reflecting a 44% response rate.

- Sixty-four percent of the principals who responded were from elementary schools (N=235), 18% were from middle schools, and 18% were from combined middle and elementary schools.
- A majority of the principals responding to the survey (54.9%) represented schools with 100-499 students, while 40% of principals represented schools with enrollments between 500 - 999. The remainder represented schools with less than a 100 students (1.5%) or more than 1000 students (3.6%).
- Among the schools represented in the survey, the average number of children on free or reduced lunch was 68%. This compares well to statewide estimates that 67% of Louisiana children are eligible for free or reduced lunch.
- In terms of foodservice region, 32% of respondents were from the Southeast, 21% from the Southwest, 23% from South Central, 11% from the Northeast, and 13% from the Northwest.

SUMMARY OF KEY FINDINGS

Results from the 2007 Healthy Kids Wellness Policy Survey reveal several key findings:

- *Elementary and middle school principals see wellness policy primarily in terms of physical education and meeting state and federal requirements. They place considerably less emphasis on providing students with nutritional information. For example, 86% of principals say that having physical education included in the curriculum is a very important component of wellness policy compared to 47% who say nutritional education is very important. They*

also see a healthy school environment primarily in terms of daily physical activity, security, and cleanliness.

- *Elementary and middle school principals report being most involved and having taken steps to attain wellness policy goals in those areas that they see as most important to wellness policy.* As a result, they report being most likely to have attained or made progress on physical education and report the least progress in providing nutritional education. Eighty-seven percent of principals say they have attained the goal of including physical education in the curriculum, while only 29% say they have attained the goal of including nutritional information in the curriculum.
- *Elementary and middle school principals generally see their roles and responsibilities in implementing wellness policy in terms of physical education and internal school activities.* They are less likely to see an external role in advocating for change or educating the community. Fifty-three percent of principals say they are very involved in efforts to increase physical activity, while only 20% report being very involved in educating the local community on school wellness policy. This is further illustrated by results indicating only a quarter of principals have sought funding to implement wellness policies from the school district and that many principals do not know whether community, business, or government leaders would be supportive of efforts to implement wellness policy.
- *Elementary and middle school principals see the effects of wellness policy primarily in terms of improving physical fitness among students.* Fifty-four percent strongly agree that implementing local wellness policy will improve physical fitness among students. They are less likely to strongly agree that it will improve behavior in the classroom (31%) or academic performance (38%).
- *To successfully implement wellness policy, principals believe they need support from parents, the school administration, and teachers.* They report being most concerned that it will take time and funding to implement, but are less concerned about impacts on teacher time or reduced revenues from vending. Principals generally see parents, school administrators, teachers, and students as supportive of wellness policy implementation.
- *Elementary and middle school principals report having made only limited progress in implementing local wellness policies.* Only 8% of principals report having met all five minimum requirements and only 3% of principals report having exceeded those requirements. Principals also report being uncertain as to how to assess the effectiveness of wellness policies. Nine percent reported having no plans to assess the effectiveness of wellness policies, while nearly half (49%) report that they do not know or unsure how they will assess effectiveness.

FULL REPORT OF SURVEY FINDINGS

Table 1: Elementary and Middle School Principals Reported Importance of Various Goals to Implementing Wellness Policy

	Not Important	Somewhat Important	Important	Very Important
Nutrition education is included in the curriculum	0.5	10.0	42.7	46.8
Nutrition education is part of the school day	1.5	17.0	44.3	37.2
Physical education is included in the curriculum	0.0	1.2	13.1	85.7
Physical activity is part of the school day	0.0	1.2	13.1	85.7
Foods sold on campus (i.e. vending, school stores) include healthy choices	3.4	7.8	30.6	58.3
School meals meet USDA requirements	0.0	1.0	16.3	82.7
Healthy menu items are available for children to select	1.2	3.9	23.1	71.8
Additional wellness activities are planned throughout the school year	2.4	12.4	45.9	39.3
A designee oversees implementation of the local wellness policy	3.9	15.7	41.4	39.0

I. The Importance of Various Goals To Implementing Wellness Policy

Elementary and middle school principals define the goals of wellness policy primarily in terms of physical education and USDA requirements for school meals. Eighty-six percent of respondents identify physical education or physical activity, respectfully, as very important as a goal to implementing wellness policy, while 83% identify meeting USDA requirements. Elementary and middle school principals also identify healthy menu items as relatively important: 72% identify providing healthy menu items and 58% making sure foods sold on campus include healthy choices as very important.

While still identified by substantial majorities as important or very important, nutritional education is clearly perceived as less important than physical activity. Forty-seven percent of respondents said that including nutritional education in the curriculum is very important, while only 37% said that including nutritional education in the school day is very important. Also considered relatively less important is having a designee overseeing the implementation of wellness policies (identified as very important by 39%) and having additional wellness activities planned throughout the school year (39%).

Table 2: Elementary and Middle School Principals Reported Extent to Which School Has Attained Wellness Policy Goals

	Not Applicable	Goal Has Not Yet Been Set	Steps to Attain Goal in Progress	Goal Attained
Nutrition education is included in the curriculum	0.7	22.5	47.8	28.9
Nutrition education is part of the school day	1.0	27.3	52.1	19.7
Physical education is included in the curriculum	0.2	1.2	11.5	87.0
Physical activity is part of the school day	0.0	1.9	12.1	85.9
Foods sold on campus (i.e. vending, school stores) include healthy choices	12.4	5.6	26.0	56.0
School meals meet USDA requirements	0.7	2.7	18.2	78.4
Healthy menu items are available for children to select	7.6	12.4	26.6	53.4
Additional wellness activities are planned throughout the school year	2.4	25.5	46.0	26.0
A designee oversees implementation of the local wellness policy	6.6	28.9	33.1	31.4

II. Extent to Which Schools Have Attained Wellness Policy Goals

It is perhaps no surprise that principals report attaining or making steps to attaining those goals they perceive as most important. Eighty-seven percent of principals report including physical education in the curriculum and 86% report including physical activity in the school day. Similarly, 78% report meeting USDA requirements in school meals, while majorities report that food sold on campus includes healthy choices (56%) and that healthy menu items are available for children to select.

Elementary and middle school principals report less success in making nutritional education part of the school day or including it in the curriculum. Only 20% report having obtained the goal of including nutritional education as part of the school day, while 29% report having included nutritional education in the curriculum. Twenty-six percent of respondents reported having additional wellness activities planned throughout the school year and 31% reported having a designee oversee wellness policy.

Table 3: Importance for Various Responsibilities and Roles in Implementing Wellness Policy Among Elementary and Middle School Principals

	Not Important	Somewhat Important	Important	Very Important
Monitor and enforce school wellness policy and procedures	2.2	13.4	50.4	34.0
Encourage students to eat healthy	0.5	2.9	35.0	61.6
Ensure that state/federal guidelines are met when implementing policy	0.7	4.4	32.4	62.5
Interpret school wellness policy requirements	1.0	5.9	48.9	44.2
Discourage high calorie/high fat foods brought from home	1.2	13.5	38.1	47.2
Educate the local community on school wellness policy	2.4	15.6	46.2	35.7
Educate parents/families on wellness policy guidelines	2.2	11.8	43.6	42.4
Provide nutrition education information	0.7	9.3	48.8	41.2
Include nutrition education information in lesson plans	3.9	18.7	49.4	28.0
Increase physical activity	0.5	3.4	28.7	67.3
Conduct taste tests for new foods	16.6	34.2	31.5	17.6
Be a positive model/example of healthy behaviors for schools	1.7	6.1	40.2	52.0
Advocate for change in the school community	5.1	18.6	42.9	33.3
Create awareness of school wellness	1.7	9.4	48.8	40.1
Promote school wellness	1.2	5.0	44.3	49.5
Seek resources for implementing the local wellness policy	3.2	16.3	42.1	38.4
Motivate students to follow the wellness policy	1.5	7.5	43.0	48.0
Promote physical activity	0.7	1.2	21.9	76.1
Explore/Investigate/Locate healthy food alternatives	3.2	16.6	44.2	36.0

III. Importance of Roles and Responsibilities in Implementing Wellness Policy Goals

When it comes to implementing wellness policy, elementary and middle school principals place a priority on physical education, meeting state and federal guidelines, and encouraging students to eat healthy. Seventy-six percent of principals identify promoting physical activity as very important, while 67% identify increasing physical activity. Sixty-three percent of respondents identify ensuring that state and federal guidelines are met in implementing policy, and 62% identify encouraging students to eat healthy.

Elementary and middle school principals place less importance on including nutritional information in lesson plans (identified as very important by 28%), advocating for change (33%), and educating the local community (36%). Least important on the list is conducting taste tests for new foods (identified as very important by only 17%) and exploring healthy food alternatives (36%). The pattern of findings suggests that principals see their primary role as internal to the school and defined primarily around promoting physical activity and ensuring that school menus meet state and federal guidelines. Principals place less importance on external roles and responsibilities, advocating for change, seeking resources for implementing policy, etc.

Table 4: Elementary and Middle Principal Reported Involvement in Various Roles or Responsibilities Related to the Implementation of Wellness Policy

	Not Involved	Somewhat Involved	Involved	Very Involved
Monitor and enforce school wellness policy and procedures	2.7	22.9	46.7	27.7
Encourage students to eat healthy	1.5	14.1	45.0	39.4
Ensure that state/federal guidelines are met when implementing policy	2.9	9.8	36.9	50.4
Interpret school wellness policy requirements	3.7	12.9	47.6	35.9
Discourage high calorie/high fat foods brought from home	4.6	18.0	43.9	33.4
Educate the local community on school wellness policy	9.3	28.8	42.2	19.8
Educate parents/families on wellness policy guidelines	6.7	23.2	47.3	22.9
Provide nutrition education information	6.1	21.7	45.4	26.8
Include nutrition education information in lesson plans	8.1	27.6	43.0	21.3
Increase physical activity	1.7	5.9	39.5	52.9
Conduct taste tests for new foods	25.3	35.9	25.8	13.0
Be a positive model/example of healthy behaviors for schools	2.9	10.0	45.0	42.1
Advocate for change in the school community	7.8	26.2	44.5	21.5
Create awareness of school wellness	4.9	19.0	46.6	29.5
Promote school wellness	2.7	10.9	51.7	34.6
Seek resources for implementing the local wellness policy	8.6	26.1	42.4	22.9
Motivate students to follow the wellness policy	2.9	15.4	47.5	34.1
Promote physical activity	1.0	3.5	35.8	59.7
Explore/Investigate/Locate healthy food alternatives	9.6	30.5	36.9	22.9

IV. Involvement in Various Roles or Responsibilities in Implementing Wellness Policy

In terms of involvement, principals report being most involved in promoting physical activity (60%) and assuring federal and state guidelines are met. They report low levels of involvement in educating the local community (20%), including nutritional information in lessons plan (21%), advocating for change (22%), seeking resources for implementing wellness policy (23%) and exploring healthy food alternatives (23%). Not surprisingly, principals are most involved with those roles and responsibilities they consider most important – and those roles and responsibilities focus primarily on physical education and meeting state and federal guidelines.

Table 5: Extent of Agreement or Disagreement About the Costs, Benefits, and Resources Need for Implementing Wellness Policy Among Elementary and Middle School Principals

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
<i>Implementing local wellness policy will....</i>					
Improve behavior in the classroom	1.2	7.1	24.3	36.7	30.7
Increase intake of healthy foods	0.2	3.2	5.6	53.8	37.2
Improve learning ability	0.2	4.1	10.2	48.4	37.0
Increase academic performance	0.0	4.1	11.2	46.7	38.0
Improve attendance	0.7	5.1	18.3	38.0	37.8
Decrease illness (colds, etc.) among students	0.0	2.7	7.6	48.8	41.0
Improve physical fitness among students	0.0	1.0	2.7	42.3	54.0
Improve physical fitness among teachers/staff	0.2	2.9	10.3	42.3	44.3
Promote life-long eating habits	0.0	1.7	6.1	46.2	45.9
Decrease risk of chronic diseases amount students	0.2	2.2	8.8	46.3	42.4
Improve eating habits at home	3.7	6.1	15.7	42.4	32.1
Limit students' choices of foods they like	3.2	12.2	23.0	39.9	21.8
Need the support of parents/families	0.0	1.0	4.9	37.1	57.1
Need the support of the school administration	0.0	0.5	4.4	39.2	55.9
Need the support of teachers	0.0	0.5	4.2	39.9	55.5
Take time to implement	0.2	2.2	4.7	44.0	48.9
Leave less time for the "No Child Left Behind" program	8.0	16.1	26.8	24.4	24.6
Demand a lot of time from teachers	5.6	19.1	23.0	31.3	21.0
Decrease school revenue from vending	8.4	16.7	28.5	23.1	23.3
Need funding to implement adequately	1.2	4.2	11.3	34.0	49.3

V. Costs, Benefits, and Resources Needed to Implement Wellness Policy

In gauging the effects of wellness policy implementation, the majority of elementary and middle school principals strongly agreed that improved physical fitness among students would be a result (54%), while 44% strongly agreed that it would improve teacher/staff physical fitness, promote life-long eating habits (46%), decrease illness (colds, etc.) (41%), and decrease the risk of chronic disease (42%). The principals viewed outside support as important to the implementation of a local wellness policy strongly agreeing that support of parents/family (57%), school administration (56%), and teachers are needed (56%). Additionally, 49% of principals strongly agreed that additional funding will be needed to adequately implement a local wellness policy.

Only 25% of principals strongly agreed that the implementation of a wellness policy would take time away from the “No Child Left Behind” program, increase demand on teachers’ time (21%), or decrease school revenue from vending (23%). In regards to student behavior and performance after

implementation of wellness policies, elementary and middle school principals strongly agree that classroom behavior (31%), attendance (38%), and the student’s ability to learn and academic performance (38%) will improve. While substantial majorities either agreed or strongly agreed with these statements, the findings would seem to suggest some question as to whether wellness policies can improve other areas of classroom performance.

Table 6: Elementary and Middle School Principal Perceptions About What Constitutes a Healthy School Environment

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
A health school environment for children...					
Includes daily physical activity	0.0	0.0	1.5	16.4	82.1
Has active/playing children	0.0	0.0	1.5	16.4	82.1
Has clean and sanitary classrooms	0.5	0.0	0.2	15.9	83.3
Has a clean and sanitary cafeteria	0.0	0.0	0.5	13.9	85.6
Is safe and secure	0.0	0.0	0.5	14.0	85.5
Has comfortable classrooms	0.2	0.0	0.7	20.3	78.7
Has an inviting cafeteria	0.2	0.0	1.7	21.9	76.2
Has an inviting playground	0.7	0.2	3.2	23.7	72.1
Does not penalize students for talking in the cafeteria	0.7	9.1	11.5	34.1	44.6
Is a stress-free environment	1.0	2.2	6.7	33.0	57.1
Allows for the use of bright cheerful colors	0.2	1.5	5.6	30.6	62.0
Allows for the display of healthy messages and posters	0.0	0.0	2.5	29.4	68.1
Has adults who model healthy behavior	0.0	0.2	4.2	30.9	64.7
Promotes adult-student interaction	0.2	0.2	2.7	30.9	65.9
Does not use food as punishment or reward for student behavior	1.5	4.0	14.1	24.8	55.6
Encourages provision of healthy food choices on campus	0.5	0.2	3.4	32.2	63.6
Does not allow fundraising/advertising that exploits student health	2.0	5.7	22.5	31.9	37.9

VI. Principal Perceptions About What Constitutes a Healthy School Environment

A majority of principals agree with each of these statements with two notable exceptions. Only 38% strongly agree that a healthy school environment does not allow fundraising/advertising that exploits student health, and only 45% strongly agree that a healthy school environment does not penalize children for talking in the cafeteria.

Consistent with earlier results, principals see a healthy school environment primarily in terms of physical activity, though safety and cleanliness also rate highly. Eighty-two percent of principals agree that a healthy school environment includes daily physical activity and active, playing children,

respectively, while 86% strongly agree that a healthy school environment has a clean and sanitary cafeteria, classrooms (83%), and is safe and secure (86%).

Table 7: Agreement or Disagreement that Principals Need Training in the Following Areas to Attain Wellness Policy Goals

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
School wellness policy requirements	2.0	8.1	13.7	46.1	30.1
Strategies to implement a school wellness policy or program	1.2	7.4	12.6	46.4	32.3
Nutrition education (such as teaching healthy choices, food pyramid, balanced diet)	2.7	14.8	15.5	37.7	29.3

VII. Resources and Training Needed to Attain Wellness Policy Goals

If we combine those agreeing and strongly agreeing, substantial majorities report needing training on wellness policy requirements (76%), strategies to implement policy (79%), and nutritional education (57%). Less than a third of principals, however, report strongly agreeing with any of these statements. Principals appear less interested in training on nutritional education.

Table 8: Agreement or Disagreement that Principals Need the Following Resources to Attain Wellness Policy Goals

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
Lesson plan materials for nutrition education	0.7	4.9	7.8	44.0	42.5
Updated nutrition information	0.2	4.4	5.4	46.2	43.8
Wellness and nutrition teaching aids (videos, posters/visual aids, interactive computer tools)	0.2	2.5	4.2	43.6	49.5
Parent education materials	0.7	1.7	5.4	37.8	54.3
Funding for marketing, equipment, staff, etc.	1.2	3.4	8.1	30.6	56.6
A nurse in every school	0.2	0.7	3.4	16.7	78.9
A registered dietitian/nutrition educator on staff for the district	0.5	1.5	6.9	25.6	65.6
In-service coordinator to plan activities and education	1.7	3.2	8.1	30.9	56.1
Exercise equipment	0.7	2.0	6.2	19.5	71.7
Physical education instructors	0.2	2.2	5.1	17.6	74.8
Current information on wellness issues.	0.2	1.0	4.5	32.7	61.6

When it comes to the resources necessary to attain wellness policy goals, school principals place the greatest priority on having a nurse in every school (79% strongly agree), followed by P.E. instructors (75%) and exercise equipment (72%). Least important on the list is lesson plan materials for nutritional

education (43% strongly agree), updated nutritional information (44%), and wellness and nutrition teaching aids (50%).

Table 9: Extent to Which Principals Sought and Obtained Funding to Implement Wellness Policies

	Sought Funding	Obtained Funding
School District	25.3	21.4
Community Organization	4.1	3.6
State Agency	7.2	8.0
Foundations	3.9	3.1
Federal Child Nutrition Program (Example: Team Nutrition)	10.8	10.4

VIII. Sources of Funding, Methods for Assessing Effectiveness, Community Support, and Extent to Which Schools Have Implemented Local Wellness Policy

When it comes to seeking funding to implement wellness policies, only 25% of elementary and middle school principals report seeking funds from the school district, 4% from community organizations, 7% from state agencies, 4% from foundations, and 11% from federal child nutrition programs. Most of the principals who sought funding were successful in obtaining funding.

Table 10: Method Schools will Use to Assess Effectiveness of Local Wellness Policy

	Selected
We will randomly survey teachers, students and/or parents on their thoughts on the policy	22.9
We will send home comment cards regarding the policy with students	13.0
We will discuss policy at PTO and/or staff meeting and ask for comments or ideas	24.3
We will use an outside source to assess the policy	4.1
We have no plans to assess the implementation of local wellness policy	8.9
I am not sure	48.7

Principals largely report uncertainty when it comes to methods for assessing the effectiveness of wellness policies. Forty-nine percent of principals reported that they were unsure about how they would assess the effectiveness of wellness policies. In addition, 9% said they had no plans to assess the implementation of wellness policy. In terms of assessment, 23% reported they would randomly survey teachers, students, and/or parents, while 24% reported that they would discuss the policy at PTO or staff meetings and ask for comments or ideas, 13% said they would send home comment cards, and 4% said they would use an outside source.

Table 11: Extent to Which Schools Have Implemented Local Wellness Policies

	Selected
Established a Wellness/School Health Council	13.7
Conducted a Needs Assessment	19.3
Developed and Approved a Local Wellness Policy	22.2
Implemented All Five Minimum Requirements	8.2
Exceed requirements by implementing additional wellness programs and activities	3.1

We see further evidence of this in what schools have done to implement local wellness polices. Only 22% percent of principals report having developed and approved a local wellness policy, 20% have conducted a needs assessment and 14% established a wellness council. Only 8% report that they have implemented all five minimum requirements and only 3% report having exceeded the requirements by implementing additional wellness activities.

Table 12: Extent to Which Following Groups Support Wellness Policy Implementation

	Don't Know	Not Supportive	Somewhat Supportive	Very Supportive
Community leaders	38.4	7.5	39.0	15.1
Business and industry leaders	39.0	7.5	40.3	13.2
School administrators	10.1	1.0	47.8	41.1
School board members	22.0	3.1	43.8	31.1
School teachers	12.2	1.0	55.8	30.9
School nutrition/food service professionals	12.2	1.8	35.2	50.8
School health professionals	14.7	0.8	29.1	55.4
PE/physical activity professionals	10.6	1.3	29.9	58.2
Parents and other caregivers	24.2	10.6	50.1	15.1
Students	17.6	11.1	56.6	14.7
Government leaders	37.6	4.7	41.5	16.2

Further evidence of uncertainty is reflected in questions asking principals the degree to which various groups support wellness policy implementation. Principals report the greatest level of support from PE/physical activity professionals (58% very supportive) followed by school health professionals (55% very supportive) and school food service professionals (51%). Once one moves beyond the school environment, however, substantial percentages report that they do not know how supportive community leaders (38% do not know), business leaders (39%), and government leaders (38%) are. Principals see only limited support for wellness policy implementation among parents (15% very supportive) and students (15%). What the findings seem to suggest is beyond the immediate school environment, principals either do not know how much support there is for wellness policy implementation or see that support as limited.

Healthy Kids Survey of Wellness Policy Top-Line Data and Questionnaire

SECTION I: GOALS

INSTRUCTIONS: Please read each of the following statements regarding school wellness goals. Regarding LEVEL OF IMPORTANCE, indicate whether YOU think the following statements are important to implementing the wellness policy in your school by using the scale 4 (VERY IMPORTANT) to 1 (NOT IMPORTANT)

Nutrition education is included in the curriculum

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Important	2	0.5	0.5	0.5
	Somewhat Important	41	9.9	10.0	10.4
	Important	176	42.4	42.7	53.2
	Very Important	193	46.5	46.8	100.0
	Total	412	99.3	100.0	
Missing	System	3	0.7		
Total		415	100.0		

Nutrition education is part of the school day

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Important	6	1.4	1.5	1.5
	Somewhat Important	70	16.9	17.0	18.5
	Important	182	43.9	44.3	62.8
	Very Important	153	36.9	37.2	100.0
	Total	411	99.0	100.0	
Missing	System	4	1.0		
Total		415	100.0		

Physical education is included in the curriculum

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Somewhat Important	5	1.2	1.2	1.2
	Important	54	13.0	13.1	14.3
	Very Important	354	85.3	85.7	100.0
	Total	413	99.5	100.0	
Missing	System	2	0.5		
Total		415	100.0		

Physical activity is part of the school day

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Somewhat Important	5	1.2	1.2	1.2
	Important	54	13.0	13.1	14.3
	Very Important	354	85.3	85.7	100.0
	Total	413	99.5	100.0	
Missing	System	2	0.5		
Total		415	100.0		

Foods sold on campus (i.e. vending, school stores) include healthy choices

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Important	14	3.4	3.4	3.4
	Somewhat Important	32	7.7	7.8	11.2
	Important	126	30.4	30.6	41.7
	Very Important	240	57.8	58.3	100.0
	Total	412	99.3	100.0	
Missing	System	3	0.7		
Total		415	100.0		

School meals meet USDA requirements

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Somewhat Important	4	1.0	1.0	1.0
	Important	67	16.1	16.3	17.3
	Very Important	339	81.7	82.7	100.0
	Total	410	98.8	100.0	
Missing	System	5	1.2		
Total		415	100.0		

Healthy menu items are available for children to select

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Important	5	1.2	1.2	1.2
	Somewhat Important	16	3.9	3.9	5.1
	Important	95	22.9	23.1	28.2
	Very Important	295	71.1	71.8	100.0
	Total	411	99.0	100.0	
Missing	System	4	1.0		
Total		415	100.0		

Additional wellness activities are planned throughout the school year

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Important	10	2.4	2.4	2.4
	Somewhat Important	51	12.3	12.4	14.8
	Important	189	45.5	45.9	60.7
	Very Important	162	39.0	39.3	100.0
	Total	412	99.3	100.0	
Missing	System	3	0.7		
Total		415	100.0		

A designee oversees implementation of the local wellness policy

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Important	16	3.9	3.9	3.9
	Somewhat Important	64	15.4	15.7	19.6
	Important	169	40.7	41.4	61.0
	Very Important	159	38.3	39.0	100.0
	Total	408	98.3	100.0	
Missing	System	7	1.7		
Total		415	100.0		

Regarding LEVEL OF ATTAINMENT, indicate to what extent YOUR school has attained the following goals by using the scale 4 (GOAL ATTAINED) to 1 (NOT APPLICABLE).

Nutrition education is included in the curriculum

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Applicable	3	0.7	0.7	0.7
	Goal Has Not Yet Been Set	92	22.2	22.5	23.3
	Steps To Attain Goal Are in Progress	195	47.0	47.8	71.1
	Goal Attained	118	28.4	28.9	100.0
	Total	408	98.3	100.0	
Missing	System	7	1.7		
Total		415	100.0		

Nutrition education is part of the school day

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Applicable	4	1.0	1.0	1.0
	Goal Has Not Yet Been Set	112	27.0	27.3	28.2
	Steps To Attain Goal Are in Progress	214	51.6	52.1	80.3
	Goal Attained	81	19.5	19.7	100.0
	Total	411	99.0	100.0	
Missing	System	4	1.0		
Total		415	100.0		

Physical education is included in the curriculum

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Applicable	1	0.2	0.2	0.2
	Goal Has Not Yet Been Set	5	1.2	1.2	1.5
	Steps To Attain Goal Are in Progress	47	11.3	11.5	13.0
	Goal Attained	356	85.8	87.0	100.0
	Total	409	98.6	100.0	
Missing	System	6	1.4		
Total		415	100.0		

Physical activity is part of the school day

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Goal Has Not Yet Been Set	8	1.9	1.9	1.9
	Steps To Attain Goal Are in Progress	50	12.0	12.1	14.1
	Goal Attained	354	85.3	85.9	100.0
	Total	412	99.3	100.0	
Missing	System	3	0.7		
Total		415	100.0		

Foods sold on campus (i.e. vending, school stores) include healthy choices

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Applicable	51	12.3	12.4	12.4
	Goal Has Not Yet Been Set	23	5.5	5.6	18.0
	Steps To Attain Goal Are in Progress	107	25.8	26.0	44.0
	Goal Attained	230	55.4	56.0	100.0
	Total	411	99.0	100.0	
Missing	System	4	1.0		
Total		415	100.0		

School meals meet USDA requirements

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Applicable	3	0.7	0.7	0.7
	Goal Has Not Yet Been Set	11	2.7	2.7	3.4
	Steps To Attain Goal Are in Progress	75	18.1	18.2	21.6
	Goal Attained	323	77.8	78.4	100.0
	Total	412	99.3	100.0	
Missing	System	3	0.7		
Total		415	100.0		

Healthy menu items are available for children to select

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Applicable	31	7.5	7.6	7.6
	Goal Has Not Yet Been Set	51	12.3	12.4	20.0
	Steps To Attain Goal Are in Progress	109	26.3	26.6	46.6
	Goal Attained	219	52.8	53.4	100.0
	Total	410	98.8	100.0	
Missing	System	5	1.2		
Total		415	100.0		

Additional wellness activities are planned throughout the school year

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Applicable	10	2.4	2.4	2.4
	Goal Has Not Yet Been Set	105	25.3	25.5	28.0
	Steps To Attain Goal Are in Progress	189	45.5	46.0	74.0
	Goal Attained	107	25.8	26.0	100.0
	Total	411	99.0	100.0	
Missing	System	4	1.0		
Total		415	100.0		

A designee oversees implementation of the local wellness policy

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Applicable	27	6.5	6.6	6.6
	Goal Has Not Yet Been Set	118	28.4	28.9	35.5
	Steps To Attain Goal Are in Progress	135	32.5	33.1	68.6
	Goal Attained	128	30.8	31.4	100.0
	Total	408	98.3	100.0	
Missing	System	7	1.7		
Total		415	100.0		

SECTION II: ROLES AND RESPONSIBILITIES

INSTRUCTIONS: Please read each of the following statements regarding roles and responsibilities of implementing the local wellness policy.

Regarding LEVEL OF IMPORTANCE, indicate whether this role or responsibility is important to implementing the local wellness policy in YOUR school by using the scale 4 (VERY IMPORTANT) to 1 (NOT IMPORTANT)

Monitor and enforce school wellness policy and procedures

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Important	9	2.2	2.2	2.2
	Somewhat Important	55	13.3	13.4	15.6
	Important	206	49.6	50.4	66.0
	Very Important	139	33.5	34.0	100.0
	Total	409	98.6	100.0	
Missing	System	6	1.4		
Total		415	100.0		

Encourage students to eat healthy

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Important	2	0.5	0.5	0.5
	Somewhat Important	12	2.9	2.9	3.4
	Important	143	34.5	35.0	38.4
	Very Important	252	60.7	61.6	100.0
	Total	409	98.6	100.0	
Missing	System	6	1.4		
Total		415	100.0		

Ensure that state/federal guidelines are met when implementing policy

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Important	3	0.7	0.7	0.7
	Somewhat Important	18	4.3	4.4	5.1
	Important	132	31.8	32.4	37.5
	Very Important	255	61.4	62.5	100.0
	Total	408	98.3	100.0	
Missing	System	7	1.7		
Total		415	100.0		

Interpret school wellness policy requirements

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Important	4	1.0	1.0	1.0
	Somewhat Important	24	5.8	5.9	6.9
	Important	199	48.0	48.9	55.8
	Very Important	180	43.4	44.2	100.0
	Total	407	98.1	100.0	
Missing	System	8	1.9		
Total		415	100.0		

Discourage high calorie/high fat foods brought from home

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Important	5	1.2	1.2	1.2
	Somewhat Important	55	13.3	13.5	14.7
	Important	155	37.3	38.1	52.8
	Very Important	192	46.3	47.2	100.0
	Total	407	98.1	100.0	
Missing	System	8	1.9		
Total		415	100.0		

Educate the local community on school wellness policy

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Important	10	2.4	2.4	2.4
	Somewhat Important	64	15.4	15.6	18.1
	Important	189	45.5	46.2	64.3
	Very Important	146	35.2	35.7	100.0
	Total	409	98.6	100.0	
Missing	System	6	1.4		
Total		415	100.0		

Educate parents/families on wellness policy guidelines

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Important	9	2.2	2.2	2.2
	Somewhat Important	48	11.6	11.8	14.0
	Important	178	42.9	43.6	57.6
	Very Important	173	41.7	42.4	100.0
	Total	408	98.3	100.0	
Missing	System	7	1.7		
Total		415	100.0		

Provide nutrition education information

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Important	3	0.7	0.7	0.7
	Somewhat Important	38	9.2	9.3	10.0
	Important	199	48.0	48.8	58.8
	Very Important	168	40.5	41.2	100.0
	Total	408	98.3	100.0	
Missing	System	7	1.7		
Total		415	100.0		

Include nutrition education information in lesson plans

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Important	16	3.9	3.9	3.9
	Somewhat Important	76	18.3	18.7	22.6
	Important	201	48.4	49.4	72.0
	Very Important	114	27.5	28.0	100.0
	Total	407	98.1	100.0	
Missing	System	8	1.9		
Total		415	100.0		

Increase physical activity

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Important	2	0.5	0.5	0.5
	Somewhat Important	14	3.4	3.4	3.9
	Important	117	28.2	28.7	32.7
	Very Important	274	66.0	67.3	100.0
	Total	407	98.1	100.0	
Missing	System	8	1.9		
Total		415	100.0		

Conduct taste tests for new foods

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Important	67	16.1	16.6	16.6
	Somewhat Important	138	33.3	34.2	50.9
	Important	127	30.6	31.5	82.4
	Very Important	71	17.1	17.6	100.0
	Total	403	97.1	100.0	
Missing	System	12	2.9		
Total		415	100.0		

Be a positive model/example of healthy behaviors for schools

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Important	7	1.7	1.7	1.7
	Somewhat Important	25	6.0	6.1	7.8
	Important	164	39.5	40.2	48.0
	Very Important	212	51.1	52.0	100.0
	Total	408	98.3	100.0	
Missing	System	7	1.7		
Total		415	100.0		

Advocate for change in the school community

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Important	21	5.1	5.1	5.1
	Somewhat Important	76	18.3	18.6	23.8
	Important	175	42.2	42.9	66.7
	Very Important	136	32.8	33.3	100.0
	Total	408	98.3	100.0	
Missing	System	7	1.7		
Total		415	100.0		

Create awareness of school wellness

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Important	7	1.7	1.7	1.7
	Somewhat Important	38	9.2	9.4	11.1
	Important	198	47.7	48.8	59.9
	Very Important	163	39.3	40.1	100.0
	Total	406	97.8	100.0	
Missing	System	9	2.2		
Total		415	100.0		

Promote school wellness

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Important	5	1.2	1.2	1.2
	Somewhat Important	20	4.8	5.0	6.2
	Important	178	42.9	44.3	50.5
	Very Important	199	48.0	49.5	100.0
	Total	402	96.9	100.0	
Missing	System	13	3.1		
Total		415	100.0		

Seek resources for implementing the local wellness policy

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Important	13	3.1	3.2	3.2
	Somewhat Important	66	15.9	16.3	19.6
	Important	170	41.0	42.1	61.6
	Very Important	155	37.3	38.4	100.0
	Total	404	97.3	100.0	
Missing	System	11	2.7		
Total		415	100.0		

Motivate students to follow the wellness policy

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Important	6	1.4	1.5	1.5
	Somewhat Important	30	7.2	7.5	9.0
	Important	173	41.7	43.0	52.0
	Very Important	193	46.5	48.0	100.0
	Total	402	96.9	100.0	
Missing	System	13	3.1		
Total		415	100.0		

Promote physical activity

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Important	3	0.7	0.7	0.7
	Somewhat Important	5	1.2	1.2	2.0
	Important	88	21.2	21.9	23.9
	Very Important	305	73.5	76.1	100.0
	Total	401	96.6	100.0	
Missing	System	14	3.4		
Total		415	100.0		

Explore/Investigate/Locate healthy food alternatives

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Important	13	3.1	3.2	3.2
	Somewhat Important	67	16.1	16.6	19.9
	Important	178	42.9	44.2	64.0
	Very Important	145	34.9	36.0	100.0
	Total	403	97.1	100.0	
Missing	System	12	2.9		
Total		415	100.0		

Regarding LEVEL OF INVOLVEMENT, indicate to what extent YOU are involved in this role or responsibility in implementing the local wellness policy in your school by using the scale 4 (VERY INVOLVED) to 1 (NOT INVOLVED).

Monitor and enforce school wellness policy and procedures

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Involved	11	2.7	2.7	2.7
	Somewhat Involved	94	22.7	22.9	25.5
	Involved	192	46.3	46.7	72.3
	Very Involved	114	27.5	27.7	100.0
	Total	411	99.0	100.0	
Missing	System	4	1.0		
Total		415	100.0		

Encourage students to eat healthy

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Involved	6	1.4	1.5	1.5
	Somewhat Involved	58	14.0	14.1	15.6
	Involved	185	44.6	45.0	60.6
	Very Involved	162	39.0	39.4	100.0
	Total	411	99.0	100.0	
Missing	System	4	1.0		
Total		415	100.0		

Ensure that state/federal guidelines are met when implementing policy

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Involved	12	2.9	2.9	2.9
	Somewhat Involved	40	9.6	9.8	12.7
	Involved	151	36.4	36.9	49.6
	Very Involved	206	49.6	50.4	100.0
	Total	409	98.6	100.0	
Missing	System	6	1.4		
Total		415	100.0		

Interpret school wellness policy requirements

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Involved	15	3.6	3.7	3.7
	Somewhat Involved	53	12.8	12.9	16.6
	Involved	195	47.0	47.6	64.1
	Very Involved	147	35.4	35.9	100.0
	Total	410	98.8	100.0	
Missing	System	5	1.2		
Total		415	100.0		

Discourage high calorie/high fat foods brought from home

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Involved	19	4.6	4.6	4.6
	Somewhat Involved	74	17.8	18.0	22.7
	Involved	180	43.4	43.9	66.6
	Very Involved	137	33.0	33.4	100.0
	Total	410	98.8	100.0	
Missing	System	5	1.2		
Total		415	100.0		

Educate the local community on school wellness policy

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Involved	38	9.2	9.3	9.3
	Somewhat Involved	118	28.4	28.8	38.0
	Involved	173	41.7	42.2	80.2
	Very Involved	81	19.5	19.8	100.0
	Total	410	98.8	100.0	
Missing	System	5	1.2		
Total		415	100.0		

Educate parents/families on wellness policy guidelines

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Involved	27	6.5	6.7	6.7
	Somewhat Involved	94	22.7	23.2	29.8
	Involved	192	46.3	47.3	77.1
	Very Involved	93	22.4	22.9	100.0
	Total	406	97.8	100.0	
Missing	System	9	2.2		
Total		415	100.0		

Provide nutrition education information

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Involved	25	6.0	6.1	6.1
	Somewhat Involved	89	21.4	21.7	27.8
	Involved	186	44.8	45.4	73.2
	Very Involved	110	26.5	26.8	100.0
	Total	410	98.8	100.0	
Missing	System	5	1.2		
Total		415	100.0		

Include nutrition education information in lesson plans

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Involved	33	8.0	8.1	8.1
	Somewhat Involved	113	27.2	27.6	35.7
	Involved	176	42.4	43.0	78.7
	Very Involved	87	21.0	21.3	100.0
	Total	409	98.6	100.0	
Missing	System	6	1.4		
Total		415	100.0		

Increase physical activity

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Involved	7	1.7	1.7	1.7
	Somewhat Involved	24	5.8	5.9	7.6
	Involved	162	39.0	39.5	47.1
	Very Involved	217	52.3	52.9	100.0
	Total	410	98.8	100.0	
Missing	System	5	1.2		
Total		415	100.0		

Conduct taste tests for new foods

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Involved	103	24.8	25.3	25.3
	Somewhat Involved	146	35.2	35.9	61.2
	Involved	105	25.3	25.8	87.0
	Very Involved	53	12.8	13.0	100.0
	Total	407	98.1	100.0	
Missing	System	8	1.9		
Total		415	100.0		

Be a positive model/example of healthy behaviors for schools

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Involved	12	2.9	2.9	2.9
	Somewhat Involved	41	9.9	10.0	12.9
	Involved	185	44.6	45.0	57.9
	Very Involved	173	41.7	42.1	100.0
	Total	411	99.0	100.0	
Missing	System	4	1.0		
Total		415	100.0		

Advocate for change in the school community

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Involved	32	7.7	7.8	7.8
	Somewhat Involved	107	25.8	26.2	34.0
	Involved	182	43.9	44.5	78.5
	Very Involved	88	21.2	21.5	100.0
	Total	409	98.6	100.0	
Missing	System	6	1.4		
Total		415	100.0		

Create awareness of school wellness

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Involved	20	4.8	4.9	4.9
	Somewhat Involved	78	18.8	19.0	23.9
	Involved	191	46.0	46.6	70.5
	Very Involved	121	29.2	29.5	100.0
	Total	410	98.8	100.0	
Missing	System	5	1.2		
Total		415	100.0		

Promote school wellness

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Involved	11	2.7	2.7	2.7
	Somewhat Involved	44	10.6	10.9	13.7
	Involved	208	50.1	51.7	65.4
	Very Involved	139	33.5	34.6	100.0
	Total	402	96.9	100.0	
Missing	System	13	3.1		
Total		415	100.0		

Seek resources for implementing the local wellness policy

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Involved	35	8.4	8.6	8.6
	Somewhat Involved	106	25.5	26.1	34.7
	Involved	172	41.4	42.4	77.1
	Very Involved	93	22.4	22.9	100.0
	Total	406	97.8	100.0	
Missing	System	9	2.2		
Total		415	100.0		

Motivate students to follow the wellness policy

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Involved	12	2.9	2.9	2.9
	Somewhat Involved	63	15.2	15.4	18.4
	Involved	194	46.7	47.5	65.9
	Very Involved	139	33.5	34.1	100.0
	Total	408	98.3	100.0	
Missing	System	7	1.7		
Total		415	100.0		

Promote physical activity

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Involved	4	1.0	1.0	1.0
	Somewhat Involved	14	3.4	3.5	4.5
	Involved	144	34.7	35.8	40.3
	Very Involved	240	57.8	59.7	100.0
	Total	402	96.9	100.0	
Missing	System	13	3.1		
Total		415	100.0		

Explore/Investigate/Locate healthy food alternatives

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Involved	39	9.4	9.6	9.6
	Somewhat Involved	124	29.9	30.5	40.1
	Involved	150	36.1	36.9	77.1
	Very Involved	93	22.4	22.9	100.0
	Total	406	97.8	100.0	
Missing	System	9	2.2		
Total		415	100.0		

SECTION III: IMPLEMENTATION ISSUES

INSTRUCTIONS: Please indicate your level of agreement with the following statements regarding issues related to the local wellness policy in your school by using the scale 5 (STRONGLY AGREE) to 1 (STRONGLY DISAGREE)

Implementing our local wellness policy will...

Improve behavior in the classroom

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	5	1.2	1.2	1.2
	Disagree	29	7.0	7.1	8.3
	Neutral	100	24.1	24.3	32.6
	Agree	151	36.4	36.7	69.3
	Strongly Agree	126	30.4	30.7	100.0
	Total	411	99.0	100.0	
Missing	System	4	1.0		
Total		415	100.0		

Increase intake of healthy foods

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	1	0.2	0.2	0.2
	Disagree	13	3.1	3.2	3.4
	Neutral	23	5.5	5.6	9.0
	Agree	221	53.3	53.8	62.8
	Strongly Agree	153	36.9	37.2	100.0
	Total	411	99.0	100.0	
Missing	System	4	1.0		
Total		415	100.0		

Improve learning ability

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	1	0.2	0.2	0.2
	Disagree	17	4.1	4.1	4.4
	Neutral	42	10.1	10.2	14.6
	Agree	199	48.0	48.4	63.0
	Strongly Agree	152	36.6	37.0	100.0
	Total	411	99.0	100.0	
Missing	System	4	1.0		
Total		415	100.0		

Increase academic performance

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Disagree	17	4.1	4.1	4.1
	Neutral	46	11.1	11.2	15.3
	Agree	192	46.3	46.7	62.0
	Strongly Agree	156	37.6	38.0	100.0
	Total	411	99.0	100.0	
Missing	System	4	1.0		
Total		415	100.0		

Improve attendance

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	3	0.7	0.7	0.7
	Disagree	21	5.1	5.1	5.9
	Neutral	75	18.1	18.3	24.1
	Agree	156	37.6	38.0	62.2
	Strongly Agree	155	37.3	37.8	100.0
	Total	410	98.8	100.0	
Missing	System	5	1.2		
Total		415	100.0		

Decrease illness (colds, etc.) among students

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Disagree	11	2.7	2.7	2.7
	Neutral	31	7.5	7.6	10.2
	Agree	200	48.2	48.8	59.0
	Strongly Agree	168	40.5	41.0	100.0
	Total	410	98.8	100.0	
Missing	System	5	1.2		
Total		415	100.0		

Improve physical fitness amount students

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Disagree	4	1.0	1.0	1.0
	Neutral	11	2.7	2.7	3.7
	Agree	173	41.7	42.3	46.0
	Strongly Agree	221	53.3	54.0	100.0
	Total	409	98.6	100.0	
Missing	System	6	1.4		
Total		415	100.0		

Improve physical fitness among teachers/staff

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	1	0.2	0.2	0.2
	Disagree	12	2.9	2.9	3.2
	Neutral	42	10.1	10.3	13.4
	Agree	173	41.7	42.3	55.7
	Strongly Agree	181	43.6	44.3	100.0
	Total	409	98.6	100.0	
Missing	System	6	1.4		
Total		415	100.0		

Promote life-long eating habits

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Disagree	7	1.7	1.7	1.7
	Neutral	25	6.0	6.1	7.9
	Agree	188	45.3	46.2	54.1
	Strongly Agree	187	45.1	45.9	100.0
	Total	407	98.1	100.0	
Missing	System	8	1.9		
Total		415	100.0		

Decrease risk of chronic diseases amount students

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	1	0.2	0.2	0.2
	Disagree	9	2.2	2.2	2.4
	Neutral	36	8.7	8.8	11.2
	Agree	190	45.8	46.3	57.6
	Strongly Agree	174	41.9	42.4	100.0
	Total	410	98.8	100.0	
Missing	System	5	1.2		
Total		415	100.0		

Improve eating habits at home

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	15	3.6	3.7	3.7
	Disagree	25	6.0	6.1	9.8
	Neutral	64	15.4	15.7	25.5
	Agree	173	41.7	42.4	67.9
	Strongly Agree	131	31.6	32.1	100.0
	Total	408	98.3	100.0	
Missing	System	7	1.7		
Total		415	100.0		

Limit students' choices of foods they like

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	13	3.1	3.2	3.2
	Disagree	50	12.0	12.2	15.4
	Neutral	94	22.7	23.0	38.4
	Agree	163	39.3	39.9	78.2
	Strongly Agree	89	21.4	21.8	100.0
	Total	409	98.6	100.0	
Missing	System	6	1.4		
Total		415	100.0		

Need the support of parents/families

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Disagree	4	1.0	1.0	1.0
	Neutral	20	4.8	4.9	5.9
	Agree	152	36.6	37.1	42.9
	Strongly Agree	234	56.4	57.1	100.0
	Total	410	98.8	100.0	
Missing	System	5	1.2		
Total		415	100.0		

Need the support of the school administration

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Disagree	2	0.5	0.5	0.5
	Neutral	18	4.3	4.4	4.9
	Agree	159	38.3	39.2	44.1
	Strongly Agree	227	54.7	55.9	100.0
	Total	406	97.8	100.0	
Missing	System	9	2.2		
Total		415	100.0		

Need the support of teachers

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Disagree	2	0.5	0.5	0.5
	Neutral	17	4.1	4.2	4.6
	Agree	163	39.3	39.9	44.5
	Strongly Agree	227	54.7	55.5	100.0
	Total	409	98.6	100.0	
Missing	System	6	1.4		
Total		415	100.0		

Take time to implement

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	1	0.2	0.2	0.2
	Disagree	9	2.2	2.2	2.5
	Neutral	19	4.6	4.7	7.1
	Agree	179	43.1	44.0	51.1
	Strongly Agree	199	48.0	48.9	100.0
	Total	407	98.1	100.0	
Missing	System	8	1.9		
Total		415	100.0		

Leave less time for the "No Child Left Behind" program

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	33	8.0	8.0	8.0
	Disagree	66	15.9	16.1	24.1
	Neutral	110	26.5	26.8	51.0
	Agree	100	24.1	24.4	75.4
	Strongly Agree	101	24.3	24.6	100.0
	Total	410	98.8	100.0	
Missing	System	5	1.2		
Total		415	100.0		

Demand a lot of time from teachers

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	23	5.5	5.6	5.6
	Disagree	78	18.8	19.1	24.7
	Neutral	94	22.7	23.0	47.7
	Agree	128	30.8	31.3	79.0
	Strongly Agree	86	20.7	21.0	100.0
	Total	409	98.6	100.0	
Missing	System	6	1.4		
Total		415	100.0		

Decrease school revenue from vending

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	34	8.2	8.4	8.4
	Disagree	68	16.4	16.7	25.1
	Neutral	116	28.0	28.5	53.6
	Agree	94	22.7	23.1	76.7
	Strongly Agree	95	22.9	23.3	100.0
	Total	407	98.1	100.0	
Missing	System	8	1.9		
Total		415	100.0		

Need funding to implement adequately

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	5	1.2	1.2	1.2
	Disagree	17	4.1	4.2	5.4
	Neutral	46	11.1	11.3	16.7
	Agree	138	33.3	34.0	50.7
	Strongly Agree	200	48.2	49.3	100.0
	Total	406	97.8	100.0	
Missing	System	9	2.2		
Total		415	100.0		

SECTION IV: HEALTHY SCHOOL ENVIRONMENT

INSTRUCTIONS: Please indicate your level of agreement with the following statements by using the scale 5 (STRONGLY AGREE) to 1 (STRONGLY DISAGREE)

A healthy school environment for children...

Includes daily physical activity

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Neutral	3	0.7	0.7	0.7
	Agree	62	14.9	15.2	15.9
	Strongly Agree	344	82.9	84.1	100.0
	Total	409	98.6	100.0	
Missing	System	6	1.4		
Total		415	100.0		

Has active/playing children

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Neutral	6	1.4	1.5	1.5
	Agree	67	16.1	16.4	17.9
	Strongly Agree	335	80.7	82.1	100.0
	Total	408	98.3	100.0	
Missing	System	7	1.7		
Total		415	100.0		

Has clean and sanitary classrooms

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	2	0.5	0.5	0.5
	Neutral	1	0.2	0.2	0.7
	Agree	65	15.7	15.9	16.7
	Strongly Agree	340	81.9	83.3	100.0
	Total	408	98.3	100.0	
Missing	System	7	1.7		
Total		415	100.0		

Has a clean and sanitary cafeteria

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Neutral	2	0.5	0.5	0.5
	Agree	57	13.7	13.9	14.4
	Strongly Agree	350	84.3	85.6	100.0
	Total	409	98.6	100.0	
Missing	System	6	1.4		
Total		415	100.0		

Is safe and secure

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Neutral	2	0.5	0.5	0.5
	Agree	57	13.7	14.0	14.5
	Strongly Agree	349	84.1	85.5	100.0
	Total	408	98.3	100.0	
Missing	System	7	1.7		
Total		415	100.0		

Has comfortable classrooms

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	1	0.2	0.2	0.2
	Neutral	3	0.7	0.7	1.0
	Agree	83	20.0	20.3	21.3
	Strongly Agree	321	77.3	78.7	100.0
	Total	408	98.3	100.0	
Missing	System	7	1.7		
Total		415	100.0		

Has an inviting cafeteria

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	1	0.2	0.2	0.2
	Neutral	7	1.7	1.7	2.0
	Agree	89	21.4	21.9	23.8
	Strongly Agree	310	74.7	76.2	100.0
	Total	407	98.1	100.0	
Missing	System	8	1.9		
Total		415	100.0		

Has an inviting playground

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	3	0.7	0.7	0.7
	Disagree	1	0.2	0.2	1.0
	Neutral	13	3.1	3.2	4.2
	Agree	96	23.1	23.7	27.9
	Strongly Agree	292	70.4	72.1	100.0
Total		405	97.6	100.0	
Missing	System	10	2.4		
Total		415	100.0		

Does not penalize students for talking in the cafeteria

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	3	0.7	0.7	0.7
	Disagree	37	8.9	9.1	9.8
	Neutral	47	11.3	11.5	21.3
	Agree	139	33.5	34.1	55.4
	Strongly Agree	182	43.9	44.6	100.0
Total		408	98.3	100.0	
Missing	System	7	1.7		
Total		415	100.0		

Is a stress-free environment

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	4	1.0	1.0	1.0
	Disagree	9	2.2	2.2	3.2
	Neutral	27	6.5	6.7	9.9
	Agree	134	32.3	33.0	42.9
	Strongly Agree	232	55.9	57.1	100.0
	Total	406	97.8	100.0	
Missing	System	9	2.2		
Total		415	100.0		

Allows for the use of bright cheerful colors

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	1	0.2	0.2	0.2
	Disagree	6	1.4	1.5	1.7
	Neutral	23	5.5	5.6	7.4
	Agree	125	30.1	30.6	38.0
	Strongly Agree	253	61.0	62.0	100.0
	Total	408	98.3	100.0	
Missing	System	7	1.7		
Total		415	100.0		

Allows for the display of healthy messages and posters

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Neutral	10	2.4	2.5	2.5
	Agree	120	28.9	29.4	31.9
	Strongly Agree	278	67.0	68.1	100.0
	Total	408	98.3	100.0	
Missing	System	7	1.7		
Total		415	100.0		

Has adults who model healthy behavior

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Disagree	1	0.2	0.2	0.2
	Neutral	17	4.1	4.2	4.4
	Agree	125	30.1	30.9	35.3
	Strongly Agree	262	63.1	64.7	100.0
	Total	405	97.6	100.0	
Missing	System	10	2.4		
Total		415	100.0		

Promotes adult-student interaction

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	1	0.2	0.2	0.2
	Disagree	1	0.2	0.2	0.5
	Neutral	11	2.7	2.7	3.2
	Agree	126	30.4	30.9	34.1
	Strongly Agree	269	64.8	65.9	100.0
	Total	408	98.3	100.0	
Missing	System	7	1.7		
Total		415	100.0		

Does not use food as punishment or reward for student behavior

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	6	1.4	1.5	1.5
	Disagree	16	3.9	4.0	5.5
	Neutral	57	13.7	14.1	19.6
	Agree	100	24.1	24.8	44.4
	Strongly Agree	224	54.0	55.6	100.0
	Total	403	97.1	100.0	
Missing	System	12	2.9		
Total		415	100.0		

Encourages provision of healthy food choices on campus

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	2	0.5	0.5	0.5
	Disagree	1	0.2	0.2	0.7
	Neutral	14	3.4	3.4	4.2
	Agree	131	31.6	32.2	36.4
	Strongly Agree	259	62.4	63.6	100.0
	Total	407	98.1	100.0	
Missing	System	8	1.9		
Total		415	100.0		

Does not allow fundraising/advertising that exploits student health

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	8	1.9	2.0	2.0
	Disagree	23	5.5	5.7	7.7
	Neutral	91	21.9	22.5	30.2
	Agree	129	31.1	31.9	62.1
	Strongly Agree	153	36.9	37.9	100.0
	Total	404	97.3	100.0	
Missing	System	11	2.7		
Total		415	100.0		

SECTION V: TRAINING AND RESOURCES NEEDED TO AID IN ATTAINING SCHOOL WELLNESS

INSTRUCTIONS: Please read the following statements regarding training and resources needed to aid in attaining school wellness in YOUR school and indicate your level of agreement by using the scale 5 (STRONGLY AGREE) to 1 (STRONGLY DISAGREE)

I need training on...

School wellness policy requirements

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	8	1.9	2.0	2.0
	Disagree	33	8.0	8.1	10.0
	Neutral	56	13.5	13.7	23.8
	Agree	188	45.3	46.1	69.9
	Strongly Agree	123	29.6	30.1	100.0
	Total	408	98.3	100.0	
Missing	System	7	1.7		
Total		415	100.0		

Strategies to implement a school wellness policy or program

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	5	1.2	1.2	1.2
	Disagree	30	7.2	7.4	8.6
	Neutral	51	12.3	12.6	21.2
	Agree	188	45.3	46.4	67.7
	Strongly Agree	131	31.6	32.3	100.0
	Total	405	97.6	100.0	
Missing	System	10	2.4		
Total		415	100.0		

Nutrition education (such as teaching healthy choices, food pyramid, balanced diet)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	11	2.7	2.7	2.7
	Disagree	60	14.5	14.8	17.5
	Neutral	63	15.2	15.5	33.0
	Agree	153	36.9	37.7	70.7
	Strongly Agree	119	28.7	29.3	100.0
	Total	406	97.8	100.0	
Missing	System	9	2.2		
Total		415	100.0		

The following resources are needed...

Lesson plan materials for nutrition education

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	3	0.7	0.7	0.7
	Disagree	20	4.8	4.9	5.6
	Neutral	32	7.7	7.8	13.4
	Agree	180	43.4	44.0	57.5
	Strongly Agree	174	41.9	42.5	100.0
	Total	409	98.6	100.0	
Missing	System	6	1.4		
Total		415	100.0		

Updated nutrition information

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	1	0.2	0.2	0.2
	Disagree	18	4.3	4.4	4.6
	Neutral	22	5.3	5.4	10.0
	Agree	189	45.5	46.2	56.2
	Strongly Agree	179	43.1	43.8	100.0
	Total	409	98.6	100.0	
Missing	System	6	1.4		
Total		415	100.0		

Wellness and nutrition teaching aids (videos, posters/visual aids, interactive computer tools)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	1	0.2	0.2	0.2
	Disagree	10	2.4	2.5	2.7
	Neutral	17	4.1	4.2	6.9
	Agree	178	42.9	43.6	50.5
	Strongly Agree	202	48.7	49.5	100.0
	Total	408	98.3	100.0	
Missing	System	7	1.7		
Total		415	100.0		

Parent education materials

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	3	0.7	0.7	0.7
	Disagree	7	1.7	1.7	2.5
	Neutral	22	5.3	5.4	7.9
	Agree	154	37.1	37.8	45.7
	Strongly Agree	221	53.3	54.3	100.0
	Total	407	98.1	100.0	
Missing	System	8	1.9		
Total		415	100.0		

Funding for marketing, equipment, staff, etc.

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	5	1.2	1.2	1.2
	Disagree	14	3.4	3.4	4.7
	Neutral	33	8.0	8.1	12.7
	Agree	125	30.1	30.6	43.4
	Strongly Agree	231	55.7	56.6	100.0
	Total	408	98.3	100.0	
Missing	System	7	1.7		
Total		415	100.0		

A nurse in every school

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	1	0.2	0.2	0.2
	Disagree	3	0.7	0.7	1.0
	Neutral	14	3.4	3.4	4.4
	Agree	68	16.4	16.7	21.1
	Strongly Agree	321	77.3	78.9	100.0
	Total	407	98.1	100.0	
Missing	System	8	1.9		
Total		415	100.0		

A registered dietitian/nutrition educator on staff for the district

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	2	0.5	0.5	0.5
	Disagree	6	1.4	1.5	2.0
	Neutral	28	6.7	6.9	8.8
	Agree	104	25.1	25.6	34.4
	Strongly Agree	267	64.3	65.6	100.0
	Total	407	98.1	100.0	
Missing	System	8	1.9		
Total		415	100.0		

In-service coordinator to plan activities and education

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	7	1.7	1.7	1.7
	Disagree	13	3.1	3.2	4.9
	Neutral	33	8.0	8.1	13.0
	Agree	126	30.4	30.9	43.9
	Strongly Agree	229	55.2	56.1	100.0
	Total	408	98.3	100.0	
Missing	System	7	1.7		
Total		415	100.0		

Exercise equipment

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	3	0.7	0.7	0.7
	Disagree	8	1.9	2.0	2.7
	Neutral	25	6.0	6.2	8.9
	Agree	79	19.0	19.5	28.3
	Strongly Agree	291	70.1	71.7	100.0
	Total	406	97.8	100.0	
Missing	System	9	2.2		
Total		415	100.0		

Physical education instructors

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	1	0.2	0.2	0.2
	Disagree	9	2.2	2.2	2.5
	Neutral	21	5.1	5.1	7.6
	Agree	72	17.3	17.6	25.2
	Strongly Agree	305	73.5	74.8	100.0
	Total	408	98.3	100.0	
Missing	System	7	1.7		
Total		415	100.0		

Current information on wellness issues.

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	1	0.2	0.2	0.2
	Disagree	4	1.0	1.0	1.2
	Neutral	18	4.3	4.5	5.7
	Agree	131	31.6	32.7	38.4
	Strongly Agree	247	59.5	61.6	100.0
	Total	401	96.6	100.0	
Missing	System	14	3.4		
Total		415	100.0		

School Foodservice Region

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Northwest	53	12.8	12.9	12.9
	Northeast	44	10.6	10.7	23.5
	Southcentral	96	23.1	23.3	46.8
	Southwest	87	21.0	21.1	68.0
	Southeast	132	31.8	32.0	100.0
	Total	412	99.3	100.0	
Missing	System	3	0.7		
Total		415	100.0		

What was your level of participation on the local wellness policy committee in your school?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Served as a Committee Member	85	20.5	20.6	20.6
	Providing Input				
	Heard of Committee but Did Not Participate	107	25.8	26.0	46.6
	Did Not Know There Was A Committee	220	53.0	53.4	100.0
Total	412	99.3	100.0		
Missing	System	3	0.7		
Total		415	100.0		

Has your local wellness policy committee sought funding to support the Local Wellness Policy?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	31	7.5	7.6	7.6
	No	112	27.0	27.4	35.0
	Don't Know	266	64.1	65.0	100.0
	Total	409	98.6	100.0	
Missing	System	6	1.4		
Total		415	100.0		

Which sources did you seek funding from? : School District

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	310	74.7	74.7	74.7
	Yes	105	25.3	25.3	100.0
	Total	415	100.0	100.0	

Which sources did you seek funding from? : Community Organization

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	398	95.9	95.9	95.9
	Yes	17	4.1	4.1	100.0
	Total	415	100.0	100.0	

Which sources did you seek funding from? : State Agency

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	385	92.8	92.8	92.8
	Yes	30	7.2	7.2	100.0
	Total	415	100.0	100.0	

Which sources did you seek funding from? : Foundations

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	399	96.1	96.1	96.1
	Yes	16	3.9	3.9	100.0
	Total	415	100.0	100.0	

Which sources did you seek funding from? : Federal Child Nutrition Program (example: Team Nutrition)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	370	89.2	89.2	89.2
	Yes	45	10.8	10.8	100.0
	Total	415	100.0	100.0	

Did you receive funds from any of these sources? School District

Select all sources that you received funds from : 1

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	326	78.6	78.6	78.6
	Yes	89	21.4	21.4	100.0
	Total	415	100.0	100.0	

Did you receive funds from any of these sources? Community Organization

Select all sources that you received funds from : 2

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	400	96.4	96.4	96.4
	Yes	15	3.6	3.6	100.0
	Total	415	100.0	100.0	

Did you receive funds from any of these sources? State Agency

Select all sources that you received funds from : 3

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	382	92.0	92.0	92.0
	Yes	33	8.0	8.0	100.0
	Total	415	100.0	100.0	

Did you receive funds from any of these sources? Foundations

Select all sources that you received funds from : 4

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	402	96.9	96.9	96.9
	Yes	13	3.1	3.1	100.0
	Total	415	100.0	100.0	

Did you receive funds from any of these sources? Federal Child Nutrition Program (example: Team Nutrition)

Select all sources that you received funds from : 5

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	372	89.6	89.6	89.6
	Yes	43	10.4	10.4	100.0
	Total	415	100.0	100.0	

How will your school assess the effectiveness of the local wellness policy in your district?

Choose all that apply

We will randomly survey teachers, students and/or parents on their thoughts on the policy

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	320	77.1	77.1	77.1
	Yes	95	22.9	22.9	100.0
	Total	415	100.0	100.0	

We will send home comment cards regarding the policy with students

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	361	87.0	87.0	87.0
	Yes	54	13.0	13.0	100.0
	Total	415	100.0	100.0	

We will discuss policy at PTO and/or staff meeting and ask for comments or ideas

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	314	75.7	75.7	75.7
	Yes	101	24.3	24.3	100.0
	Total	415	100.0	100.0	

We will use an outside source to assess the policy

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	398	95.9	95.9	95.9
	Yes	17	4.1	4.1	100.0
	Total	415	100.0	100.0	

We have no plans to assess the implementation of local wellness policy

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	378	91.1	91.1	91.1
	Yes	37	8.9	8.9	100.0
	Total	415	100.0	100.0	

I am not sure

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	213	51.3	51.3	51.3
	Yes	202	48.7	48.7	100.0
	Total	415	100.0	100.0	

To what extent have you implemented the Local Wellness Policy?

Choose all that apply

Established a Wellness/School Health Council

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	358	86.3	86.3	86.3
	Yes	57	13.7	13.7	100.0
	Total	415	100.0	100.0	

Conducted a Needs Assessment

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	335	80.7	80.7	80.7
	Yes	80	19.3	19.3	100.0
	Total	415	100.0	100.0	

Developed and Approved a Local Wellness Policy

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	323	77.8	77.8	77.8
	Yes	92	22.2	22.2	100.0
	Total	415	100.0	100.0	

Implemented All Five Minimum Requirements

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	381	91.8	91.8	91.8
	Yes	34	8.2	8.2	100.0
	Total	415	100.0	100.0	

Exceed requirements by implementing additional wellness programs and activities

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	402	96.9	96.9	96.9
	Yes	13	3.1	3.1	100.0
	Total	415	100.0	100.0	

In general, to what extent are the following grounds supporting the advancement of school wellness?

Community leaders

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Don't Know	148	35.7	38.4	38.4
	Not Supportive	29	7.0	7.5	46.0
	Somewhat Supportive	150	36.1	39.0	84.9
	Very Supportive	58	14.0	15.1	100.0
	Total	385	92.8	100.0	
Missing	System	30	7.2		
Total		415	100.0		

Business and industry leaders

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Don't Know	150	36.1	39.0	39.0
	Not Supportive	29	7.0	7.5	46.5
	Somewhat Supportive	155	37.3	40.3	86.8
	Very Supportive	51	12.3	13.2	100.0
	Total	385	92.8	100.0	
Missing	System	30	7.2		
Total		415	100.0		

School administrators

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Don't Know	39	9.4	10.1	10.1
	Not Supportive	4	1.0	1.0	11.1
	Somewhat Supportive	185	44.6	47.8	58.9
	Very Supportive	159	38.3	41.1	100.0
	Total	387	93.3	100.0	
Missing	System	28	6.7		
Total		415	100.0		

School board members

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Don't Know	85	20.5	22.0	22.0
	Not Supportive	12	2.9	3.1	25.1
	Somewhat Supportive	169	40.7	43.8	68.9
	Very Supportive	120	28.9	31.1	100.0
	Total	386	93.0	100.0	
Missing	System	29	7.0		
Total		415	100.0		

School teachers

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Don't Know	47	11.3	12.2	12.2
	Not Supportive	4	1.0	1.0	13.2
	Somewhat Supportive	215	51.8	55.8	69.1
	Very Supportive	119	28.7	30.9	100.0
	Total	385	92.8	100.0	
Missing	System	30	7.2		
Total		415	100.0		

School nutrition/food service professionals

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Don't Know	47	11.3	12.2	12.2
	Not Supportive	7	1.7	1.8	14.0
	Somewhat Supportive	136	32.8	35.2	49.2
	Very Supportive	196	47.2	50.8	100.0
	Total	386	93.0	100.0	
Missing	System	29	7.0		
Total		415	100.0		

School health professionals

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Don't Know	57	13.7	14.7	14.7
	Not Supportive	3	0.7	0.8	15.5
	Somewhat Supportive	113	27.2	29.1	44.6
	Very Supportive	215	51.8	55.4	100.0
	Total	388	93.5	100.0	
Missing	System	27	6.5		
Total		415	100.0		

PE/physical activity professionals

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Don't Know	41	9.9	10.6	10.6
	Not Supportive	5	1.2	1.3	11.9
	Somewhat Supportive	116	28.0	29.9	41.8
	Very Supportive	226	54.5	58.2	100.0
	Total	388	93.5	100.0	
Missing	System	27	6.5		
Total		415	100.0		

Parents and other caregivers

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Don't Know	93	22.4	24.2	24.2
	Not Supportive	41	9.9	10.6	34.8
	Somewhat Supportive	193	46.5	50.1	84.9
	Very Supportive	58	14.0	15.1	100.0
	Total	385	92.8	100.0	
Missing	System	30	7.2		
Total		415	100.0		

Students

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Don't Know	68	16.4	17.6	17.6
	Not Supportive	43	10.4	11.1	28.7
	Somewhat Supportive	219	52.8	56.6	85.3
	Very Supportive	57	13.7	14.7	100.0
	Total	387	93.3	100.0	
Missing	System	28	6.7		
Total		415	100.0		

Government leaders

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Don't Know	144	34.7	37.6	37.6
	Not Supportive	18	4.3	4.7	42.3
	Somewhat Supportive	159	38.3	41.5	83.8
	Very Supportive	62	14.9	16.2	100.0
	Total	383	92.3	100.0	
Missing	System	32	7.7		
Total		415	100.0		

What classification best fits your school?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Elementary	253	61.0	63.9	63.9
	Middle	73	17.6	18.4	82.3
	Elementary and Middle	70	16.9	17.7	100.0
	Total	396	95.4	100.0	
Missing	System	19	4.6		
Total		415	100.0		

Approximately how many students are enrolled in your school?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Less Than 100	6	1.4	1.5	1.5
	101-499	224	54.0	54.9	56.4
	500-999	163	39.3	40.0	96.3
	1000-1499	12	2.9	2.9	99.3
	More than 1500	3	0.7	0.7	100.0
	Total	408	98.3	100.0	
Missing	System	7	1.7		
Total		415	100.0		

What is the racial/ethnic composition of your school? : American Indian

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Selected	337	81.2	81.2	81.2
	Selected	78	18.8	18.8	100.0
	Total	415	100.0	100.0	

What is the racial/ethnic composition of your school? : Asian - Pacific Islander

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Selected	281	67.7	67.7	67.7
	Selected	134	32.3	32.3	100.0
	Total	415	100.0	100.0	

What is the racial/ethnic composition of your school? : Black

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Selected	54	13.0	13.0	13.0
	Selected	361	87.0	87.0	100.0
	Total	415	100.0	100.0	

What is the racial/ethnic composition of your school? : Hispanic

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Selected	202	48.7	48.7	48.7
	Selected	213	51.3	51.3	100.0
	Total	415	100.0	100.0	

What is the racial/ethnic composition of your school? : White

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Selected	63	15.2	15.2	15.2
	Selected	352	84.8	84.8	100.0
	Total	415	100.0	100.0	

What is the racial/ethnic composition of your school? : Other

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not Selected	364	87.7	87.7	87.7
	Selected	51	12.3	12.3	100.0
	Total	415	100.0	100.0	