

## What is Bayou Health?

Bayou Health is the way most of Louisiana's Medicaid and LaCHIP recipients receive health care services. In Bayou Health, you choose a Health Plan that is best for you and your family.

All Plans provide the same health services you get in Medicaid or LaCHIP. The Plans also offer extra services, such as stop smoking classes or weight control programs.

## What are the basic health services you will get?

- Chiropractic services for children
- Doctor/professional services
- Well child visits
- Emergency room services
- Eye care services
- Family planning services
- Inpatient hospital services
- Home health care
- Immunizations (shots) for children
- Laboratory and x-ray services
- Maternity care while pregnant and through delivery
- Medical transportation
- Medical equipment
- Mental health services
- Occupational therapy
- Outpatient hospital services
- Physical therapy
- Prescription drugs
- Speech and language therapy

## How can you choose a Health Plan?

Look at the chart on the other side of this brochure to compare the extra services each Health Plan offers. Here are some things to think about when you decide which Health Plan to choose:

- Do you want to keep seeing your current doctor? Is there a hospital or clinic where you often go for care? Find out which Health Plans your doctor or hospital takes. Visit [www.bayouhealth.com](http://www.bayouhealth.com), or call the providers or 1-855-BAYOU-4U (1-855-229-6848) to ask.
- Does one of the Health Plans offer extra services you want or need, such as programs to help you manage your asthma, diabetes, or heart disease?
- Are there specialists, counselors, or special services that you want to keep using? Find out which Health Plans they take. Visit [www.bayouhealth.com](http://www.bayouhealth.com), or call the providers or 1-855-BAYOU-4U (1-855-229-6848) to ask.

## Questions?

We can help! Call **1-855-BAYOU-4U** (1-855-229-6848) to speak with a Bayou Health agent. The call is free. Some of our agents speak Spanish, and we have a free interpreter service for other languages.



## Choosing a Health Plan

It's time to choose a Health Plan for you and your family



# choose

# Bayou Health Plans

Compare extra benefits and choose one plan for each family member

Questions? Call 1-855-BAYOU-4U (1-855-229-6848)

The Louisiana Department of Health and Hospitals (DHH) has tried to make this chart as accurate and complete as possible. However, because it must rely on the various Health Plans to provide this information, DHH cannot guarantee its accuracy. You can learn more about the Health Plans by contacting them directly.



1-800-600-4441 | TTY 1-800-855-2880  
www.myamerigroup.com/la

**Unlimited visits** to Primary Care Provider (PCP) for all members.

**Chance to win an iPod Touch** after completing an annual well-child checkup and immunization visit.

**Free SafeLink® cell phone, minutes and unlimited texts** for eligible members.

**\$70 for Weight Watchers® meetings** for qualified members 18 and older.

**\$100 for allergy-free bedding** to help avoid common asthma triggers.

**Up to \$65 for Taking Care of Baby and Me®** rewards program for pregnant members.

**Free over-the-counter medicine** with certain prescriptions at participating pharmacies.

**Nurses** to help you with long-term conditions like asthma, coronary artery disease, diabetes and obesity.

**Respite care for caregivers** to give up to eight hours of respite services each month for eligible caregivers of members.

**Quit smoking program** with coaching and nicotine replacement products.

**Free Amerigroup app** with instant Member ID card and symptom checker on any smartphone.

**Free Entertainment® discount coupons** to top local and online retailers.

**Free Parents® magazine subscription** for eligible families.

**Free personal disaster kit** for members who complete an online profile.

**Healthy Family** nutrition and fitness program for qualified families.



Community Health Solutions  
of Louisiana

1-855-247-5248 | TTY 1-866-907-4856  
www.louisiana.chsamerica.com

**Unlimited visits** to Primary Care Provider (PCP) for all members.

### Healthy Habits, Healthy Rewards Program:

Receive a Gift Card from our online site to spend at one of many local retailers when you exhibit the following healthy habits:

- **\$30** upon Annual Adult Wellness Visit (ages 16 years old or older)
- **\$10** for Adult Wellness Screenings, as recommended
- **\$10** for Blood screening or Blood pressure tests yearly for diabetics
- **\$10** for parent/guardian of children who get yearly Well Child Checkup (ages 12 months through 15 years old)
- **\$10** for Postpartum visit after delivery
- **\$30** for Completion of a Disease Specific Program and Maternity wellness

**Nurses and Social Workers** to help you manage your disease and get access to care and community programs.

Health education programs on **asthma, COPD, diabetes, sickle cell, lung disease and heart disease.**

### Baby Solutions Maternity Program

provides information for pregnant women and new moms on staying healthy and having a healthy baby.



AmeriHealth Caritas  
Louisiana

1-888-756-0004 | TTY 1-866-428-7588  
www.amerihealthcaritasla.com

**Unlimited visits** to Primary Care Provider (PCP) for all members.

**Adult dental: 1 yearly dental exam and cleaning** at no cost.

**Adult vision: 1 routine eye exam** every 2 years with \$10 co-pay; **\$40 allowance** (frame and lenses) for 1 pair of eyeglasses every 2 years.

**AmeriHealth Caritas Louisiana Rewards: Free over the counter products** mailed directly to home for the following:

- **All member households: \$25 in products** each year following plan orientation
- **Diabetics: Up to \$50 in products** per year for members who meet plan milestones
- **High blood pressure: \$25 in products** per quarter for members who reach plan targets
- **Pregnant moms: Up to \$75 in pre-natal/maternity items** for reaching plan milestones
- **Children ages 3-18: \$25 per child in products** for members who get annual well-child visits

**90 day prescription refill option** for diabetes, high blood pressure, and cholesterol medications.

**Nurses** to help you manage health conditions, such as pregnancy, asthma, diabetes, heart disease.

**Bright Start** care connectors to support you and your baby during pregnancy.

**Rapid Response** team to assist you with accessing providers, transportation, and other critical needs.



1-866-595-8133 | TTY 1-877-285-4514  
www.LouisianaHealthConnect.com

**Unlimited visits** to Primary Care Provider (PCP) for all members.

**CentAccount®: Bonus rewards** in your personal pre-paid account. With healthy habits, you can receive:

- **\$10** for regular, annual child check-ups
- **\$10** for each adult wellness screening
- **\$10** for pregnancy visits (for each trimester completed)
- **\$10** for each visit after your baby is born

**MemberConnections®: Personal helpers** for assistance you may need such as:

- **Access to care**
- **Choosing a doctor**
- **Help with food, clothing or housing**

**Start Smart for Your Baby®: Special benefits** and support for keeping pregnant moms and their babies healthy.

We offer you personal support and extra services for treating and controlling **asthma, diabetes, hypertension, chronic pain, and heart disease.**

With our Healthy Lifestyles programs you can get help to **stop smoking, lose weight or control your weight.**

If you're **pregnant**, we give you special care to make sure you and your baby are healthy.



1-866-675-1607 | TTY 1-866-640-7005  
www.UHCCCommunityPlan.com

**Unlimited visits** to Primary Care Provider (PCP) for all members.

**\$20 gift card** may be offered to members who complete a PCP office visit within 90 days of enrollment.

**\$20 gift card** for well child visits in the child's 3rd, 4th, 5th or 6th year of life.

**Pregnant moms:** Get important information about your baby's health with programs like **Healthy First Steps.**

**Children** have a safe place to learn and grow with no-cost memberships to the Boys and Girls Club.

**Community outreach:** Go to regular health education events hosted in your local community:

- UnitedHealthcare and Sesame Street's *Food for Thought*, "A" is for Asthma and "Get the Lead Out!" health education programs
- Dr. Health E. Hound, our health mascot, visits schools and community events to deliver important health tips to kids
- 4-H and UnitedHealthcare teach healthy habits with diet and exercise

If you have **asthma, diabetes** or another long-term illness, a Personal Care Manager will help you manage your health and receive incentives for completing preventive programs.